

Share Your Story for

2022

#MILLIONS MISSING

In a 1-2 minute video, a brief social post, or to insert in your letter-to-the editor, share a story about an experience or moment when ME/CFS affected your life. It might be one of these:

- A time when you or a loved one couldn't find the information needed for your/their illness
- A time when you or a loved one were left out or left behind by a system (i.e. social security, workplace accommodation, hospital care etc.)
- A time when you felt recognized, respected and taken care of by a healthcare provider, social worker or workplace in a way that you think other people deserve
- A time when lack of information and research affected your or a loved one's medical care

How to tell your #MillionsMissing story:

1. In a sentence or two introduce yourself one like you might to a new friend. Share a value you hold, aspiration, goal, something you like about yourself or something you are proud that you have accomplished.
2. Bring us into the moment or life experience by using imagery, the senses and emotions of the story. Need inspiration? Watch the first 2 minutes of Jennifer Brea's TedTalk!
3. Let us know, your story is one of the millions of stories from the millions of people missing due to chronic illness.
4. Tell the audience what you want: the systemic change you hope your story will urge them to support.
5. POST! SHARE!



@meactnet #millionsmissing